

# Northern California Regional Instructors Seminar

## MARCH 2 AND 3, 2013

G.E. NOMURA, SHIHAN; E.A. LYNN, SHIHAN  
J.D. SANDOVAL, SHIDOIN; E. TANCINCO, SHIDOIN  
T. DIAGANA, SHIDOIN; R. SCHENK, SHIDOIN

### **SATURDAY MAR 2 AT Alameda Aikikai**

2025 Clement Ave., Alameda CA 94501

#### **CLASSES**

9:30 - 10:30 am

R. SCHENK

10:45 - 11:45 am

E. TANCINCO

#### **LUNCH BREAK**

2:00 - 3:00 PM

J.D. SANDOVAL

3:15 - 4:15 PM

E. TANCINCO

4:30 - 5:30 PM

G.E. NOMURA

### **SUNDAY MAR 3 AT Eastshore Aikikai**

3025 Research Dr., Richmond, CA 94806

#### **CLASSES**

9:30 - 10:30 am

T. DIAGANA

10:45 - 11:45 am

E.A. LYNN

12:00 - 1:00 PM

J.D. SANDOVAL



Open to 3rd kyu and above  
**Bring Bokken and Jo**

**Full seminar \$80, Saturday \$65, Sunday \$35**  
checks are to be made out to: Aikido Institute of SF  
[www.aikidosf.com](http://www.aikidosf.com) • [dojo@aikidosf.com](mailto:dojo@aikidosf.com)